

ICHS Lunch

January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 7-11	Christmas Break No School	Popcorn Chicken OR	Pork Tenderloin Sandwich	Spaghetti/Cheese Cup	Beef & Cheese Burrito
		French Bread Pizza	OR Chicken Patty	OR Corn Dog	OR Fish Sandwich
		Carrots/Dip	Texas Beans	Green Beans	Broccoli, Lettuce
		Applesauce	Lettuce, Tomato	Fruit Cocktail	Apple Slices
		Giant Goldfish	Banana, Juice Cup	Bug Bites	Chortles
		Milk	Milk	Milk	Milk
Jan 14-18	Cheeseburger OR	Pepperoni Pizza OR	Chicken & Noodles OR	Taco Salad/Cheese Cup	Spicy Chicken OR
	Grilled Chicken/Cheese	Cheese Breadsticks/	Chicken Tenders	OR Cheese Quesadilla	Chicken Nuggets
	Cucumbers/Dip	Marinara Sauce	Mashed Potatoes	Chips/Salsa, Lettuce	Broccoli
	Lettuce, Tomato	Baked Beans, Lettuce	Fruit Cocktail	Apple Slices	Banana
	Pears, Goldfish Crackers	Orange Slices	Roll	Sour Cream	Giant Goldfish
	Milk	Milk	Milk	Graham Crackers, Milk	Milk
Jan 21-25	MLK Day No School	Chicken Patty OR	Chicken Chips OR	Meatball Sub OR	Chili/Cheese Cup
		Pork Tenderloin Sandwich	Pepperoni Rippers	Pizza Casserole	Cheesy Brave Burger
		Texas Beans	Carrots/Ranch	Cheese Cup	Crackers
		Lettuce, Tomato	Peaches	Broccoli	Celery/PB
		Pears	Giant Goldfish	Apple Slices	Banana
		Milk	Milk	Milk	Milk
Jan 28- Feb 1	Beef Tenderloin Sandwich	Hot Dog OR	Biscuit & Gravy OR	Chicken Taco Salad/	Cheese Breadsticks/
	OR Spicy Chicken Tenders	Sloppy Joe	Pancakes/Syrup	Cheese OR Chalupa	Marinara Sauce OR
	Baked Beans, Lettuce	French Fries	Sausage	Cucumbers	Chicken Alfredo
	Fruit Cocktail	Oranges	Carrots	Lettuce, Salsa	Broccoli
	Pickle Spear	Fruit Snack	Banana	Pears	Apple Slices
	Giant Goldfish, Milk	Milk	Milk	Goldfish, Milk	Fruit Snack, Milk