

# ICES/IS Breakfast

# January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 7-11		Cinni Mini OR	Bagelful OR	French Toast/Syrup IS	Biscuit/Omelet OR
	Christmas Break	Cereal w/Cheese Stick or Cheese Stick or Yogurt	Cereal w/Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	Cereal w/Cheese Stick or Yogurt
	No School	Fruit	Fruit	Fruit	Fruit
		Milk	Milk	Milk	Milk
Jan 14-18	Muffin OR Cereal	Pancakes	Breakfast Pizza OR	Chicken Patty/Egg/Toast	Frudel
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	Cereal w/Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	OR Cereal w/Cheese Stick or Yogurt
	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk	Milk
Jan 21-25		Benefit Breakfast Bar	Bagelful OR	French Toast/Syrup IS	Chicken Biscuit OR
	MLK Day	Cereal	Cereal w/Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	Cereal w/Cheese Stick or Yogurt
	No School	Fruit	Fruit	Fruit	Fruit
		Milk	Milk	Milk	Milk
Jan 28- Feb 1	Muffin OR Cereal	Waffles	Breakfast Pizza OR	Cheese/Egg Muffin	Cinnamon Roll
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	Cereal w/Cheese Stick or Yogurt	OR Cereal Bar w/Cheese Stick or Yogurt	OR Cereal w/Cheese Stick or Yogurt
	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk	Milk