

ICES/IS Breakfast

April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Apr 1-5	Benefit Breakfast Bar	Sausage Biscuit OR	Bagelful OR	French Toast	Chicken Biscuit OR
	Cereal	Cereal Bar w/Cheese	Cereal w/Cheese Stick	OR Cereal Bar w/Cheese	Cereal w/Cheese Stick
	Cheese Stick or Yogurt	Stick or Yogurt	or Yogurt	Stick or Yogurt	or Yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
Apr 8-12	Muffin OR Cereal	Waffles	Breakfast Pizza OR	Cheese/Egg Muffin	Cinnamon Roll
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese	Cereal w/Cheese	OR Cereal Bar w/Cheese	OR Cereal w/Cheese
	Fruit/Juice	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt
	Milk	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
		Milk	Milk	Milk	Milk
Apr 15-19	Cinni Mini OR	Sausage Biscuit OR	Bagelful OR	French Toast	Biscuit/Omelet OR
	Cereal w/Cheese Stick or	Cereal Bar w/Cheese	Cereal w/Cheese Stick	OR Cereal Bar w/Cheese	Cereal w/Cheese Stick
	Cheese Stick or Yogurt	Stick or Yogurt	or Yogurt	Stick or Yogurt	or Yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
Apr 22-26	Muffin OR Cereal	Pancakes	Breakfast Pizza OR	Chicken Patty/Egg/Toast	Frudel
	Cheese Stick or Yogurt	OR Cereal Bar w/Cheese	Cereal w/Cheese	OR Cereal Bar w/Cheese	OR Cereal w/Cheese
	Fruit/Juice	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt	Stick or Yogurt
	Milk	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
		Milk	Milk	Milk	Milk
Apr 29-May 3	Benefit Breakfast Bar	Sausage Biscuit OR	Bagelful OR	French Toast	Chicken Biscuit OR
	Cereal	Cereal Bar w/Cheese	Cereal w/Cheese Stick	OR Cereal Bar w/Cheese	Cereal w/Cheese Stick
	Cheese Stick or Yogurt	Stick or Yogurt	or Yogurt	Stick or Yogurt	or Yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk